



# LIFESPAN FARM

Therapeutic Riding Center

3701 Kidd Lane  
Charlotte, NC 28216  
704.393.0333

[www.lifespanservices.org](http://www.lifespanservices.org)

2008-2009  
Rider Registration Packet



Dear Parent, Guardian, or Care Provider,

Thank you for inquiring about LifeSpan Farm – Therapeutic Riding Center. Before completing the Rider Registration Packet please review our eligibility guidelines and fees for our program. If you feel the individual meets our eligibility guidelines and you understand the fees for our program please proceed in completing the Rider Registration Packet. If you have any questions regarding the Rider Registration Packet, please contact LifeSpan Farm – Therapeutic Riding Center at 704.393.0333.

### Eligibility Guidelines

To be eligible, individuals at LifeSpan Farm – Therapeutic Riding Center:

1. All new riders must go through an evaluation to evaluate the individual's needs and to determine an appropriate class time.
2. Must be three years of age or older.
3. Must provide, annually, a prescription for riding from a qualified physician.
4. May not have a history of having uncontrolled Gran Mal seizures.
5. For individuals with Down Syndrome: Must have a recent (within twelve months prior to beginning session annually) Atlantoaxial instability verification.

**We reserve the right not to serve an individual, based on our ability to SAFELY accommodate his/her needs.**

### Fees for our Program

A \$15 Registration Fee is due when you submit your registration forms.

All new riders or any rider who has been on a break for more than three months must go through an evaluation. An Evaluation Fee of \$25 is due when you submit your registration forms.

Riding lessons cost \$30 a lesson, but are paid for by the session, i.e. 6 lessons in a session costs \$180. You are required to complete the session registration form for each session and return it by the deadline along with a \$30 non-refundable deposit, which will be credited towards your session cost. If we do not receive the session registration form by its due date we will assign another rider to that class placement. Session cost minus a \$30 non-refundable deposit is due at the first lesson. For example, a session might cost \$180 minus \$30 deposit leaving a balance of \$150 due at first lesson. If payment is made later than the first lesson you will be assessed a \$20 late fee.

We look forward to your participation in our program.

Sincerely,

The Staff at LifeSpan Farm – Therapeutic Riding Center

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Participant’s Application, Health History, Photo Release,  
 and Eligibility Verification

**General Information**

Participant’s Name: \_\_\_\_\_

DOB: \_\_\_\_\_ Age: \_\_\_\_\_ Diagnosis: \_\_\_\_\_ Gender: M F

Address Street: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Home #: \_\_\_\_\_

Email Address: \_\_\_\_\_ Cell #: \_\_\_\_\_

School/Employer/Institution: \_\_\_\_\_

Parent/Legal Guardian/Caregiver: \_\_\_\_\_

Address (if different from above): \_\_\_\_\_

Phone #: \_\_\_\_\_ Alternative Phone #: \_\_\_\_\_

**If you are a new applicant:**

How did you hear about our program? \_\_\_\_\_

If referred, please list source and date: \_\_\_\_\_

If you have any previous riding/horse experience, please describe: \_\_\_\_\_

\_\_\_\_\_

**If you currently ride at LifeSpan Farm – TRC** please list start date: \_\_\_\_\_

**Health History**

Diagnosis \_\_\_\_\_ Date of Onset: \_\_\_\_\_

*Please indicate current or past special needs in the following areas:*

	Yes	No	Comments
Vision			
Hearing			
Sensation			
Communication			
Heart			
Breathing			
Digestion			
Elimination			
Circulation			
Emotional/Mental Health			
Behavioral			
Pain			
Bone/Joint			
Muscular			
Thinking/Cognition			
Allergies			

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Describe your abilities/difficulties in the following areas (include assistance required or equipment needed):

**Physical Function** (i.e. Mobility skills such as transfers, walking, wheelchairs use, driving/bus riding)

**Psycho/Social Function** (i.e. Work/school including grade completed, leisure interests, relationships, family structure, support systems, companion animals, fears/concerns, etc.)

**Goals** (i.e. Why are you applying for participation? What would you like accomplish?)

**Liability Release**

\_\_\_\_\_(Individual's name) would like to participate in the therapeutic horseback riding program at LifeSpan Farm – Therapeutic Riding Center. I acknowledge the risks and potential for risks of horseback riding. However, I feel that the possible benefits to me/my son/my daughter/my ward are greater than the risk assumed. I hereby, intending to be legally bound, for myself, my heirs and assigns, executors or administrators, waive and release forever all claims for damages against LifeSpan Farm – Therapeutic Riding Center, its Board of Directors, Instructors, Therapists, Aides, Volunteers and/or Employees for any and all injuries and/or losses I/my son/my daughter/my ward may sustain while participating in therapeutic horseback riding at LifeSpan Farm – Therapeutic Riding Center.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Participant (Parent or Legal Guardian if participant is under the age of 18 yrs)  
*Signed in the presence of center staff*

**Photo Release**

I DO / DO NOT (**please circle one**) hereby consent to and authorize the use and reproduction by LifeSpan Farm – Therapeutic Riding Center of any and all photographs and any other audiovisual materials taken of me/my son/my daughter/my ward for promotional printed material, educational activities or for any other use for the benefit of the program.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Participant (Parent or Legal Guardian if participant is under the age of 18 yrs)  
*Signed in the presence of center staff*

**Eligibility Verification**

I certify that \_\_\_\_\_ (Participant's name) meets the eligibility requirements outlined on page 1 of the Rider Registration Packet.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Participant (Parent or Legal Guardian if participant is under the age of 18 yrs)  
*Signed in the presence of center staff*

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### Participant's Authorization for Emergency Medical Treatment Form

Participant's Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Phone #: \_\_\_\_\_

Address: \_\_\_\_\_

In the event of an emergency, contact:

Name: \_\_\_\_\_ Phone #: \_\_\_\_\_ Relationship: \_\_\_\_\_

Name: \_\_\_\_\_ Phone #: \_\_\_\_\_ Relationship: \_\_\_\_\_

Physician's Name: \_\_\_\_\_ Phone #: \_\_\_\_\_

Preferred Medical Facility: \_\_\_\_\_

Health Insurance Co: \_\_\_\_\_ Policy #: \_\_\_\_\_

Allergies to medications: \_\_\_\_\_

Current medications: \_\_\_\_\_

State any medical information you want supplied to a medical professional in an emergency:

\_\_\_\_\_  
\_\_\_\_\_

### Consent Plan

In the event emergency medical aid/treatment is required due to illness or injury during the process of receiving services, or while being on the property of LifeSpan Farm - TRC, my signature below authorizes LifeSpan Farm - TRC to:

1. Secure and retain medical treatment and transportation if needed.
2. Release client records upon request to the authorized individual or agency involved in the medical emergency treatment.

This authorization includes X-ray, surgery, hospitalization, medication, and any treatment procedure deemed "life saving" by the physician. This provision will only be invoked if the person (s) above is unable to be reached.

Date: \_\_\_\_\_ Consent Signature: \_\_\_\_\_

Participant (Parent or Legal Guardian if participant is under the age of 18 yrs)

*Signed in presence of center staff*

### Non-Consent Plan

I do not give my consent for emergency medical treatment/aid in the case of illness or injury during the process of receiving services or while being on the property of the agency. In the event emergency treatment/aid is required, I wish the following procedures to take place:

\_\_\_\_\_  
\_\_\_\_\_

Date: \_\_\_\_\_ Non- Consent Signature: \_\_\_\_\_

Participant (Parent or Legal Guardian if participant is under the age of 18 yrs)

*Signed in presence of center staff*

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### LifeSpan Farm – Therapeutic Riding Center Information Regarding Protection of Privacy

This document details how your medical information may be used or disclosed. LifeSpan Farm – Therapeutic Riding Center uses your personal health information primarily for treatment. However, we may disclose your personal health information without prior authorization for public health purposes, for audits, when required by law, and in an emergency. In other situations, LifeSpan Farm – Therapeutic Riding Center policy is to obtain your written authorization before releasing personal health information. You may revoke this authorization at any time. Furthermore, you have the right to access a copy of your personal health information at any time.

I have read and understand LifeSpan Farm – Therapeutic Riding Center policy regarding protection of privacy. I agree to the use and disclosure of my personal health information for purposes detailed in the above paragraph.

Printed Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

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Date: \_\_\_\_\_

Dear Health Care Provider:

Your patient, \_\_\_\_\_, is interested in participating supervised equine activities.

In order to safely provide this service, our center requests that you complete/update the attached Medical History, Physician's Statement, and Physician's Prescription Forms. Please note that the following conditions may suggest precautions and contraindications to equine activities. Therefore, when completing this form, please note whether these conditions are present, and to what degree.

### **Orthopedic**

- Atlantoaxial Instabilities
- Coxas Arthrosis
- Cranial Deficits
- Heterotopic Ossification/Myositis Osifications
- Internal Spinal Stabilization Devices
- Joint Subluxation and Dislocation
- Kyphosis
- Lordosis
- Osteoporosis
- Osteogenesis Imperfecta
- Pathologic Fractures
- Spinal Joint Fusion/Fixation
- Spinal Joint Instabilities/Abnormalities
- Scoliosis
- Spinal Orthoses

### **Secondary Concerns**

- Behavior problems
- Age less than two years
- Age two – four years
- Acute exacerbation of chronic disorder
- Poor Endurance
- Skin Breakdowns
- Indwelling Catherers/Medical Equipment
- Medications – i.e. photosensitivity

### **Neurological**

- Chiari II malformation
- Hydrocephalus/shunt
- Hydromyelia
- Paralysis due to Spinal Cord injury
- Seizure Disorders
- Spina Bifida
- Tethered Cord

### **Medical/Surgical/Psychological**

- Allergies
- Animal Abuse
- Blood Pressure Control
- Cancer
- Cardiac Condition
- Dangerous to self or others
- Diabetes
- Exacerbations of medical conditions (i.e. RA, MS)
- Fire Settings
- Hemophilia
- Hypertension
- Medical Instability
- Migraines
- Peripheral Vascular Disease
- Respiratory Compromise
- Recent Surgeries
- Varicose Veins
- Substance Abuse
- Thought Control Disorders
- Weight Control Disorder
- Stroke (Cerebrovascular Accident)

Thank you very much for your assistance. If you have any questions or concerns regarding this patient's participation in equine assisted activities, please feel free to contact the center at the address/phone indicated above.

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### Participant's Medical History & Physician's Statement

Participant: \_\_\_\_\_ DOB: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_

Address: \_\_\_\_\_

Diagnosis: \_\_\_\_\_ Date of Onset: \_\_\_\_\_

Past/Prospective Surgeries: \_\_\_\_\_

Medications: \_\_\_\_\_

Seizure Type: \_\_\_\_\_ Controlled: Y N Date of Last Seizure: \_\_\_\_\_

Shunt Present: Y N Date of last revision: \_\_\_\_\_

Special Precautions/Needs: \_\_\_\_\_

Mobility: Independent Ambulation Y N      Assisted Ambulation Y N      Wheelchair Y N

Braces/Assistive Devices: \_\_\_\_\_

For those with Down Syndrome: AtlantoAxial Instability X-Ray, Date: \_\_\_\_\_ Result: + --

Neurological Symptoms of AtlantoAxial Instability: \_\_\_\_\_

**Please indicate current or past special needs in the following systems/areas, including surgeries:**

	Yes	No	Comments
Auditory			
Visual			
Tactile Sensation			
Speech			
Cardiac			
Circulatory			
Integumentary/Skin			
Immunity			
Pulmonary			
Neurologic			
Muscular			
Balance			
Orthopedic			
Allergies			
Learning Disability			
Cognitive			
Emotional/Psychological			
Pain			
Other			

To my knowledge there is no reason why this person cannot participate in supervised equestrian activities. However, I understand that the therapeutic riding center will weigh the medical information above against the existing precautions and contraindications. I concur with a review of this person's abilities/limitations by a licensed/credentialed health professional (e.g. PT, OT, Speech, Psychologist, etc.) in the implementing of an effective equestrian program.

Physician's Name (please print): \_\_\_\_\_ MD DO NP PA Other \_\_\_\_\_

Physician's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_ License/UPIN Number: \_\_\_\_\_

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### Physician's Prescription

Participant's Full Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

#### **Prescription for Therapeutic Horseback Riding**

Prescription, where appropriate for evaluation and treatment by a Physical, Occupational and/or Speech Therapist in conjunction with the Therapeutic Horseback Riding Program at LifeSpan Farm – Therapeutic Riding Center:

Recommended Frequency:

\_\_\_\_\_

Precautions (*all individuals riding are required to wear helmets*):

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Physician's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

#### **Please Print, Type or Stamp**

Physician's Name (please print): \_\_\_\_\_ MD DO NP PA Other \_\_\_\_\_

Physician's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_ License/UPIN Number: \_\_\_\_\_

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## Physical and Occupational Therapy Evaluation

Please complete all applicable area

Date: \_\_\_\_\_

Participant's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

Reflexes: \_\_\_\_\_

Tone: \_\_\_\_\_

ROM: \_\_\_\_\_

Posture: \_\_\_\_\_

Balance: \_\_\_\_\_

Mobility: \_\_\_\_\_

Gait (*where applicable*): \_\_\_\_\_

Senses/Sensation: \_\_\_\_\_

Development Motor Sequence Activities (*where applicable*): \_\_\_\_\_

Communication: \_\_\_\_\_

Equipment/Aids: \_\_\_\_\_

ADL's: \_\_\_\_\_

Circulation: \_\_\_\_\_

Additional Notes: \_\_\_\_\_

Precautions: \_\_\_\_\_

\_\_\_\_\_  
Therapist's Signature (a registered PT or OT must sign)

I am currently not under the care of a PT or OT. I will notify you if that changes.

\_\_\_\_\_  
Participant, Parent, or Guardian's Signature

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