



Crossroads Newsletter

JULY 2011, ISSUE 7

"Abilities illuminated...Reflections of Tim"



Bill and Betty Jo Lowrance

LIFESPAN's fundraising event, "Abilities illuminated...Reflections of Tim", was celebrated last month at the Charles Mack Citizen Center in Mooresville. The event was hosted by LIFESPAN's Iredell Board of Visitors. Sponsors included L. R. Wooten Building & Leasing, J. C. Steele & Sons, Greenbriar Primary Care PA, Bob & Rhonda Kontos and David Pardue. Inkind sponsors include Harris Teeter, Chef David Slater and Coca Cola.

Board of Visitor member David Pardue secured sponsorship with Harris Teeter who provided a variety of appetizers, dips, fruit and cheese trays, cakes and drinks. Harris Teeter Chef David Slater prepared and served the delicacies.

"Reflections of Tim" celebrated the life of our friend, Martin "Tim" Lowrance – affectionately known by his family and friends as "Tiger Tim", who passed away on his 61st birthday this past October. Parents, Bill and Betty Jo Lowrance, spoke of Tim's life which centered on music, television, arts and friends. During his 44 years of attendance at LIFESPAN in Troutman, Tim experienced many deep and long-lasting friendships with the participants and staff. The evening celebrated the things that Tim cared about including dancing to 50's and 60's music, art, and an appearance by Elvis!

The evening also served to raise funds to pave the parking lots and street at Creative Campus in Troutman. This is now a priority due to the many safety issues for families driving and parking, as well as individuals using wheelchairs and walkers. The drive is very old and has multiple pot holes in the pavement (see picture representing one of many). The estimated cost for paving is just over \$30,000. Tim's event raised \$5,000, so we are 1/6th of the way there!



Funds raised through "Reflections of Tim" will be used to repair the damaged pavement around Creative Campus—Troutman

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Circle School Graduates

LIFESPAN's Circle School in Mount Airy celebrated the end of school with a "Rock and Roll" graduation on June 7, 2011.

Children performed to "The Body Rock" and "Rock the Day Away". Eight students were celebrated for their accomplishment of transitioning from Preschool to Kindergarten, with presentations of certificates. Parents and family members joined the children in a cookout following the program.



Circle School graduates performing

Dance, Dance, Dance!

In June, the Dance Class from LIFE-SPAN's Creative Campus in Dobson, performed their own dance recital titled, "Dance, Dance, Dance!" It was "Standing Room Only" at the Old Time Music Heritage Hall in Mt. Airy, due to a large turnout of attendees from local organizations, schools and friends in the community.



Pictured L-R: Delissa M., Tracie Artim (instructor), Sammy E., Kira P., Jerry W., Nicole R., Laura S., and Frankie S. Not pictured: Michelle C.

The dance group drew such a crowd that the next recital has already been planned at the Andy Griffith Playhouse, which has a larger stage. LIFESPAN and the Surry Arts Council worked together to put on this event.

The dance group consisted of 8 individuals who practiced an hour every Tuesday for weeks with dance instructor, Tracie Artim. "It was hard learning the dances, but practicing helped," said Nicole R. Laura S., the newest dance member, said she liked practicing at home. The group performed to songs such as "Cupid Shuffle", "Macarena", and "Cha Cha Slide", as well as original dances, including one titled "Tracin' Trace". "My favorites are the Chicken Dance and the Macarena", said Laura, "It's good exercise, and it feels good to move around".

Many of the dancers have been attending the Tuesday class for several years, but that didn't stop them from getting nervous before the performance. "I was a little bit nervous even though I had done it before," said Nicole, "I enjoyed it because I had friends with me and friends in the crowd."

Anthony at Richard Petty Museum

If you have visited Creative Campus in Dobson and have met Anthony, most likely you were handed a folded piece of paper of a drawing of his love, Richard Petty and his car



Anthony is a big fan of Richard Petty

#43. Anthony is in his late 50's and has marketed his artwork for years - freely.

We have attempted for several years to obtain a direct contact to send Anthony's artwork to the "king". Needless to say how excited we were last month when touring a potential volunteer to find her brother was a partner of Petty's! Direct opportunity to mention Anthony's artwork and request a direct address. The Evernham family took it a step further when learning of Anthony's love.

Anthony and seven friends spent the day in Randleman, NC. They began with a bus tour of Victory Junction and ended at the Richard Petty Museum. Mr. Petty was unavailable, but a representative met with Anthony and made apologies for Mr. Petty's absence, presenting him with an auto-graphed picture of Richard Petty.

Needless to say, Anthony had a great day!



Anthony and friends visited Victory Junction and the Richard Petty Museum

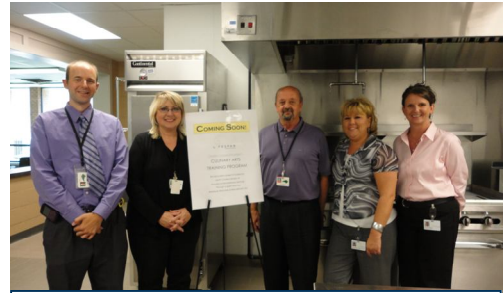
Supply Wish List

- Horticulture supplies: pots, soil, garden gloves, rakes, garden tools
- Art supplies: brushes, paint (water/oil), canvases, art smocks & t-shirts, art chalk, paper
- Gift cards: Lowes, Wal-Mart, dollar stores, grocery stores, gas cards
- Office supplies: black pens, Post-It® note pads, copy paper
- Batteries: AA and AAA

LIFESPAN ARRA Kitchen Project Completed!

On Wednesday, July 13th, representatives from the North Carolina Department of Vocational Rehabilitation (NCVR) traveled to LIFE-SPAN's Creative Campus in Troutman to view the newly completed ARRA Kitchen Project.

LIFESPAN received a \$100,000 grant from NCVR as part of the American Recovery and Reinvestment Act (ARRA), to renovate the kitchen to begin a new culinary arts program. LIFESPAN chose to begin a culinary program — the fourth of its kind in the state — because it can provide many future opportunities for adults with disabilities.



Philip Woodward, NCVR ARRA Contract Administrator; Joan Wofford, NCVR Regional Specialist; David Matheny, NCVR Unit Manager; Mona Clark, Program Coordinator; Bonita Stanley, Executive Director.



Instructor Brittney working with Culinary Arts student Jabria.

The Culinary Arts Training program will be offered in 8-12

week classes. There are currently 120 people waiting to take the class. Upon completion, students will have the skills needed to work at nearby area restaurants and cafeterias, including Serve-Safe certification that many restaurants look for when hiring new employees.

"If we ever run short of people in Iredell County, the challenge would be for someone to get a bus to bring people here," said David Matheny, NCVR Unit Manager as quoted in the *Statesville Record & Landmark*. "I expect this facility to be fully operational and used for a long time."

(Read the entire *Statesville Record & Landmark* article online at <http://www2.statesville.com/news/2011/jul/16/grant-helps-lifespan-start-culinary-arts-program-ar-1211544/>)

Wish list for Culinary Training program

- Extra-large and medium nonstick frying pans
- Nest of mixing bowls (stainless)
- Can opener
- Weighing scales and measuring cups
- Large measuring cups
- Metal tongs (all sizes)
- Potato masher
- Plastic spatulas
- Strainers
- Large and small plastic chopping boards
- Pot holders/gloves
- Set of thick-bottomed saucepans (large, medium, small)
- Knives (chef's knife, serrated carving knife, small paring knife)
- Speed (vegetable) peeler
- Large, medium and small colanders
- Extra-large casserole pans or dutch oven
- Metal whisk (large/medium/small)
- Ladle, slotted spoons and slotted turners
- Rolling pins
- Salad spinner
- Food processor

CBRS Trip to Lazy M Ranch



Learning in a natural environment is what we look for in Early Intervention through our Community Based Rehabilitative Services (CBRS). What better way is there to learn about animal names, sounds, and movements than at a farm with other children?



Children served by LIFESPAN in Surry County along with their parents, spent a morning at the Lazy M Ranch in Cana, Virginia doing just that.

The children touched and fed a variety of animals and enjoyed listening to the animal sounds.

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Mission Statement

LIFESPAN transforms the lives of children and adults with developmental disabilities by providing education, employment, and enrichment opportunities that promote inclusion, choice, family supports, and other best practices.

Please help us ensure that LIFESPAN can continue to meet the specific needs of the individuals that we support with your generous donation.

Name			
Address			
City	State	Zip	
Daytime Phone		Email	
Amount	\$		
<input type="checkbox"/> Check Enclosed	<input type="checkbox"/> Please charge my:	Visa	MasterCard
Acct. Number		Exp. Date	
Signature			

LIFESPAN is a 501(c) (3), non-profit organization. Contributions to LIFESPAN are tax deductible. Donations can be made payable to LIFESPAN and designated to the program location of your choice, as listed above. Contact Debbie Brown-Smith, Director of Development, at 704.873.5646 or by email to dbrown@lifespanservices.org